

Mary Rhea – Bio

Mary Rhea is a Life Coach at Triumph Services. Mary received her Bachelor's Degree in Social Work from Union University, in Jackson, TN and moved to Birmingham, AL after graduation. Mary was raised in Atlanta, GA with her older sister. While in college, Mary worked as a personal assistant to a woman with developmental disabilities, and this is where her passion for this population grew out of. For her senior internship she worked at Omni Visions Inc, working closely with the individuals with developmental disabilities they serve. Once moving to Birmingham she was a part-time caregiver through First Light Home Care, until coming on board with the Triumph staff. Mary is passionate about working with the participants and building relationships to succeed in independence with them! On her off time, Mary enjoys spending time traveling, taking a lot of photos, reading, and spending time with her toddler niece.