

Brittany Keff is a life coach at triumph services. She received her bachelors degree in psychology from the university of Montevallo. Brittany is originally from Louisiana, but moved to Alabama when she was one. Before working at Triumph, Brittany worked with children and young adults as a registered behavior therapist. She is a long time autism advocate, and is passionate about helping our participants succeed with independence. When not working, Brittany enjoys hiking, exploring Birmingham and traveling.