



Lydia Maloy

Employment Specialist /

Employment Program Administrator

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Reaching New Heights

Designations and Certifications:

Certification in Community-Based Services Certified Job Coach

First Aid, CPR, AED

Areas of Special Emphasis:

- ◇ Disclosure vs. Non Disclosure Preferences
- ◇ Interview Preparation
- ◇ Career Coaching
- ◇ Community Partner Development
- ◇ Disability Awareness Training
- ◇ Conflict Resolution and Mediation
- ◇ Written Communications

Education:

Master of Social Work, Present

University of Alabama

Bachelor of Science

Psychology, Minor in Sociology

University of Alabama at

Birmingham

Before she speaks, Lydia Maloy's smile communicates volumes. Growing up, Lydia shared her time in Birmingham with her father, an Alaskan Indian, and in Mobile, with her mother, a member of a large Lebanese family. She jokes that her family gave her an appreciation for great home-cooked meals, a hospitable heart, and a desire to be involved in the community. On a serious note, Lydia has a great deal of respect for her lineage and both sides of her family's ability to build a successful life from scratch. Lydia has brought these gifts to Birmingham and to Triumph in her role as the Employment Program Administrator. Lydia is driven, caring, and always eager to go the extra mile for her coworkers or the individuals we serve.

Community Involvement:

- ◇ Philanthropy Advisor for Alpha Omicron Sorority

Ask me about:

- ◇ My love of cooking and favorite recipes
- ◇ My experience and passion for working with individuals with disabilities
- ◇ My favorite causes to support in the community
- ◇ Love of Birmingham
- ◇ Passion for painting