



# Jane Murphy

Wellness Coach

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## *Reaching New Heights*

### **Designations and Certifications:**

HIV Testing and Counseling  
First Aid, CPR

### **Areas of Special Emphasis:**

- ◇ Individualized Education Program Planning
- ◇ Written Communications
- ◇ Social Skills Training
- ◇ Community Advocacy
- ◇ Home Management
- ◇ Microsoft Office
- ◇ Mentoring
- ◇ Problem Solving and Decision Making
- ◇ Public Speaking

### **Education:**

Masters of Public Health,  
Concentration Epidemiology  
University of Alabama at Birmingham

Bachelor of Arts  
Foreign Languages  
French Concentration  
University of Alabama at Birmingham

Jane brings humility, intelligence, maturity, and passion to the Wellness Program. Jane's passion for developmental disabilities began in elementary school when she understood her brother's diagnosis of autism and how this diagnosis impacted his life. Since this time, Jane has been committed to educating others on the gifts of individuals with developmental disabilities, reducing stigmas, and helping people reach their greatest potential. Jane has strong leadership skills, facing every new challenge with fierce determination.

### **Awards:**

- ◇ Benjamin Gilman International Scholarship

### **Community Involvement:**

- ◇ 1917 Clinic SHAPE program
- ◇ Greater Birmingham Humane Society

### **Ask me about:**

- ◇ Cat whispering class at GBHS
- ◇ Fluent in French (Arabic, Spanish, and Portuguese)
- ◇ My 6th grade experience
- ◇ Experience in France
- ◇ Being born on Christmas!