



Charlotte Phillips

Life Coach, In-Home Therapist

Reaching New Heights

Designations and Certifications:

Certification in Community-Based Services
Smart work Ethics, Crisis Prevention
Certified Case Manager (Adults & Children)
Life Coaching One-on-One
PCIT (Parent Child Intervention Therapist)
Behavioral Therapist
First Aid, CPR, AED
Sex Offender Case Manager

Skills / Areas of Special Emphasis:

- ◇ Behavior Modification
- ◇ Human Development
- ◇ Crisis Intervention
- ◇ Strategic Planning
- ◇ Autism Spectrum Disorders
- ◇ Volunteer Management
- ◇ Teaching

Education:

Master of Science,
Guidance Counseling & Educational
Psychology
The University of West Alabama
Bachelor of Science
Human Environmental Sciences
The University of Alabama

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Charlotte Phillips brings personal and professional life experiences to her role as a Life Coach/In-home Therapist. Personally, Charlotte is the mother of three children, has traveled around the world, and has lived all over the United States. Professionally, Charlotte has more than 24 years of experience. She has had the opportunity to work across the lifespan including behavior therapy with children with autism, case management and therapy for adults with mental illness, and in-home interventions for senior citizens. Charlotte is inspired when she is able to help bring purpose to a person’s life.

Community Involvement:

- ◇ Meals on Wheels
- ◇ Susan G. Komen - Race for the Cure
- ◇ Save the O’s 5k
- ◇ Member of South Highland Presbyterian Church

Ask me about:

- ◇ Passion for running and mountain biking
- ◇ My work history & experiences
- ◇ My three children and Granddog—Sugie!
- ◇ Favorite travel experiences
- ◇ My path to becoming MSCE!