



# Megan Robinson

Life Coach

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## *Reaching New Heights*

### **Designations and Certifications:**

Certified Peer Educator NASPA  
First Aid, CPR, AED

### **Areas of Special Emphasis:**

- ◇ Social Skills Training
- ◇ Home Management
- ◇ Budgeting
- ◇ Community Integration
- ◇ Public Speaking
- ◇ Microsoft Office
- ◇ Time Management
- ◇ Communication

### **Education:**

Bachelor of Science  
Psychology,  
Minor in Sociology  
University of Alabama at Birmingham

Megan Robinson is a natural leader who is not afraid to “rock the boat.” Megan first interviewed as a Summer Program Intern for Triumph in 2017, but we quickly recognized her talent, and offered immediate oversight of the program. Now a full-time Employee in the Wellness Program, Megan brings a combination of empathy and drive to her role. She attributes these qualities to her own life experiences and an early desire to help others. Megan enjoys all aspects of her job, but finds the greatest satisfaction in listening to the smaller details and learning what makes each person tick.

### **Community Involvement:**

- ◇ Bell Center volunteer
- ◇ Sloss Festival volunteer
- ◇ Send Silence Packing volunteer
- ◇ Suicide Prevention volunteer
- ◇ Choir Member at First Church United Methodist
- ◇ Past UAB Tour Guide

### **Ask me about:**

- ◇ Singing, playing guitar, piano, ukulele
- ◇ My cat Stevie
- ◇ All my hair colors
- ◇ My love for coffee shops and antiques
- ◇ Trips to Puerto Rico and Guatemala